**The invitation to breast screening has expanded – transcript**

**0:00 [Music playing]**

0:08 I was actually due to have a mammogram early last year, it was about February, and I thought,

0:14 ‘Oh, a mammogram no, well I really can’t cope with that right now’. And then, as

0:19 I tell all my friends, I had this little voice in my head that was saying to me, ‘Do it

0:25 now!’. They gave me the result and said, ‘Yes, I’m afraid they are malignant and

0:31 they need to be removed’. And I said, ‘Ah,’ I said, ‘Well does this mean a double mastectomy

0:39 for me?’ And he said, ‘I don’t think so.’ He said, ‘Fortunately,’ and this

0:46 is why to my dying day I will thank BreastScreen, because he said ‘they’re small, we got

0:52 them early, and, um by the look of it,’ he said, ‘I think they’re pretty aggressive,

0:58 could be grade three but I’m not sure, but,’ he said, ‘I think we can get away with doing

1:03 lumpectomies.’ I feel so fortunate that I was detected, it was detected early through

1:13 breast screening. It was so well done and so quickly attended to it just went boom,

1:18 boom, boom. I’m now over 70, last year I was over 70, and um of course in those times

1:26 BreastScreen would send you a letter saying when you’re 70 we don’t send you letters

1:31 any more, but it’s up to you, you can still come. But now that’s changed, they’ve

1:36 extended it, so now we’re getting the letters up to 74, which is fantastic. It is so important,

1:42 don’t neglect that two-yearly invitation letter, don’t put it off, don’t be lulled

1:51 into this false sense of security and think you’re okay because you’ve been having

1:55 it for a number of years and you’ve been clear. We’ve got a lot more living to do,

1:59 and we just want to keep on living, and giving, get on with your life. So that’s the most

2:06 important thing.

2:08 [Music playing]